



NOVEMBER AND DECEMBER

USE IT OR LOSE IT!

Special points of interest:

- Use or Lose it!
- The perfect Gift
- Getting to know Torey
- Christmas recipe

The end of the year is rapidly approaching and so are options to use your dental benefits! Many of you are paying dental premiums, so why not make the most of your money and the most of your yearly maximum! The majority of Insurance plans start over in January.

To make sure that you are maximizing all your dental benefits it's imperative to schedule any treatment needed before December 31st. Unused benefits do not roll over to the next year. Literally, use it or lose it!

Some other things to consider about your dental insurance is that you will have a new deductible to meet at the start of each new year. Fees also increase due to inflation. In other words the cheapest time to get your needed dental work done is NOW!

Most importantly even if you don't need dental work, regular check ups and cleanings are a must! Don't give your insurance company a bonus this year— Use the benefit you paid for.

GIFT CERTIFICATES NOW AVAILABLE!

Give the gift of a healthy mouth this Holiday season! Do you have a friend or family member that has not been to the dentist in awhile? Or do you have a family member that is just due for a check-up? Perhaps you have a friend or co-worker that wants whiter teeth? For whatever reason, Tis the season for a healthy mouth! Stop in today to purchase a gift certificate for any amount desired!

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Getting to know Torey

Torey is a dental hygienist and has been with Designer Dentistry and Smiles for 5 years. Torey grew up right here in Sioux Falls and graduated from Roosevelt High School and the University of South Dakota as well as her husband Micah. They have been married for nearly 6 years!

Torey and Micah have 2 children. Tate is 2 years old and Baya is 3 months already! They have a Bernese Mountain Dog named Marley. In her free time she enjoys reading, working out, and spending time with her family. Torey wants to run a marathon next fall before she turns the big 3-0!

Torey has an infectious laugh that can often be heard echoing through the halls at DDS!

She truly loves interacting with all her patients and motivating them to achieve oral health.

Candy Cane Bark

Purchase chocolate bark at your local market and a box of candy canes to make this sweet holiday treat.

1. Crush four or five candy canes into small bits. Placing unwrapped candy canes into a plastic bag and then "hammering" with a meat tenderizer is an easy - and clean - way to get this done.
2. Melt bark per package instructions.
3. Stir in candy cane pieces.
4. Grease small-medium baking pan.
5. Evenly spread chocolate mixture in baking pan.
6. Place in fridge to set.
7. Once firm, pop the bark out of the pan and break into pieces using your hands.

